



Reflection

This Sunday we hear about Jesus' Baptism and about something very special that happened after it. He was filled with the Holy Spirit.

John does not feel that he is important enough to help Jesus. But, Jesus asks to be baptised by John. All of us are important in our own special way, and we are all important enough to serve Jesus. Jesus welcomes us all and sees that we all have special gifts and talents to share.

Jesus is the Son of God and he is filled with the Holy Spirit. We are all God's children and we are also filled with the Holy Spirit at our baptism. The Holy Spirit can help to make us brave and to bring us joy. Just as we can tell that a tree is good because of the fruit that grows on it, we can tell if the Holy Spirit is working in us by the way that we act and how we treat other people.

We are all God's children no matter where in the world we live, no matter where we come from or what we look like, whether we are rich or poor. We are all members of the same global family. And so we try to be loving, kind, generous and bring peace to all people. In this way, we hope that others will be able to see the fruits of the Holy Spirit and our baptism in all that we do. How will you show the Holy Spirit working in you in this coming week?

Prayer: God of heaven and earth, you sent your Son Jesus to lead us to you. Send your Holy Spirit into our hearts so that we may have faith and courage to follow Jesus in all that we do. Amen.

Happy New Year!

We hope all our families had a lovely Christmas and a great New Year. It's lovely to see all the children back in school, ready to learn. Today you will have received the curriculum newsletters for your child's class and your child will bring home the knowledge organisers for this half term's topics. These identify key vocabulary, key knowledge and links to books.

Covid update

We will continue to update our risk assessment in line with new guidance and current cases within school and the local area. We have had a number of confirmed cases in school so please ensure you are following the guidance to help protect the families and staff in our school.

We hope to be able to continue with live class assemblies and class Masses however we ask that parents and other visitors take a lateral flow device (LFD) test before entering the school and that unless exempt all adults wear a mask when in school.

Please see below for the latest information:

Confirmatory PCR tests following a positive lateral flow device (LFD) test result are to be temporarily suspended from Tuesday 11 January. This will mean that anyone who receives a positive LFD test result will be required to self-isolate immediately and will not be required to take a confirmatory PCR test. Staff and pupils with a positive LFD test result should self-isolate in line with the stay at home guidance for households with possible or confirmed coronavirus (COVID-19) infection.

Individuals may now take LFD tests on day 6 and day 7 of their self-isolation period. Those who receive two negative test results are no longer required to complete 10 full days of self-isolation

St. Mary's Horsforth
Catholic Voluntary Academy

Adults who are fully vaccinated and all children and young people aged between 5 and 18 years and 6 months identified as a **contact** of someone with COVID-19 are strongly advised to take a LFD test every day for 7 days and continue to attend their setting as normal, unless they have a positive test result.

Daily testing of close contacts applies to all contacts who are:

- fully vaccinated adults people who have had 2 doses of an approved vaccine
- all children and young people aged 5 to 18 years and 6 months, regardless of their vaccination status
- people who are not able to get vaccinated for medical reasons
- people taking part, or have taken part, in an approved clinical trial for a COVID-19 vaccine

Contacts from a school setting will only be traced by NHS Test and Trace where the positive case or their parent specifically identifies the individual as being a close contact

Children's mental health and well being

We know children's mental health has been a rising issue over the last few years and January can be a difficult month for everyone especially with Covid still being a concerning issue.

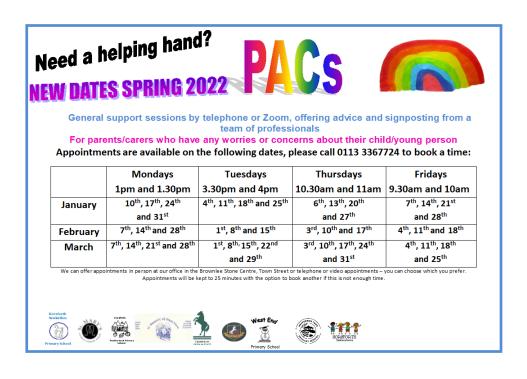
Within school we support the children's mental health through our <u>personal development curriculum</u> that includes MindMate Champion's. You can see what your child is learning in the knowledge organisers sent home today. Our learning mentor works with children on a short-term basis to offer support through nurture groups, friendship groups and 1:1 work. If you have any concerns about your child, please contact the class teacher in the first instance.

You may also find this website useful to you for parenting advice from child mental health experts with practical tips to support children's wellbeing and behaviour Place2Be: Parenting Smart: Articles

On our website there are a number of links regarding wellbeing but this <u>link</u> takes you to a document detailing sources of support for wellbeing for all members of your family.

The MindMate website also offers resources and information for parents and carers.

PACs sessions are run by Horsforth Children Services and many of our parents have found them useful. If you have any worries or concerns about your child, you may find it useful to book a session. Please see below for dates and times.







On **Wednesday 12 January**, all children will have a gymnastics session with Mrs Pounder, our PE specialist so should wear PE kit.

From week beginning 17 January, children will have regular PE days. Please be aware of changes for some year groups below. Year 4 will start swimming from Tuesday 11 January.

	Week commencing: 10.1.2022	Week commencing: 17.1.2022	
		Normal PE days	
Reception	Tuesday & Wednesday	Tuesday & Thursday	
Y1	Wednesday & Thursday	Wednesday & Thursday	
Y2	Monday & Wednesday	Monday & Wednesday	
Y3	Wednesday	Tuesday	
Y4	Tuesday & Wednesday	Monday and Tuesday (swimming)	
Y5	Wednesday & Friday	Thursday	
Y6	Wednesday & Thursday	Friday	

Maths parent meetings

Last term we focused on English in our parent meetings and in January we will be focusing on maths information for parents. The aim of this session is to show you what your child learns in maths in their current year group so you can support them at home. We always receive very positive feedback from these sessions so we hope you can join us over this half term.

If your child is working at a different year group in their maths, please feel free to join the correct year group for you so it is helpful to support your child. All sessions will be at 4pm via Zoom and will be recorded so parents can access the session at a convenient time for them. Please ensure your name on the Zoom is your child's name so we can ensure safe access for all.

January

Monday	10	4.00pm	Year 2 maths parent meeting* - via Zoom
Monday	17	4.00pm	Year 5 and Year 6 maths parent meeting* - via Zoom
Tuesday	25	4.00pm	Year 1 maths parent meeting* - via Zoom
Monday	31	4.00pm	Year 3 and Year 4 maths and MTC parent meeting* - via Zoom

Topic: Y2 maths parent meeting Time: Jan 10, 2022 04:00 PM

https://us02web.zoom.us/j/83336130638?pwd=bDVONTRkUFp2aDRKN0lieGFiWHRtZz09

Meeting ID: 833 3613 0638

Passcode: 630485

School uniform

Please be reminded of our school uniform expectations. A number of children have come back to school with jewellery, loose hair and nail varnish. We appreciate sometimes shoes get lost or suddenly don't fit and, on these occasions, we appreciate your child may need to wear an alternative for a short time.

For boys, the uniform is:

- Black shoes and dark coloured socks
- Grey trousers
- White button-up collared shirt (long or short-sleeved)
- School navy blue jumper with logo
- School tie (elasticated version for KS1 and self-tie version for KS2)

For girls, the uniform is:

- Black shoes not boots
- · White socks or grey tights
- Grey skirt/trousers/pinafore (blue gingham dresses may be worn after Easter)
- White button-up collared shirt (long or short-sleeved)
- · School navy blue jumper or cardigan with logo
- School tie (elasticated version for KS1 and self-tie version for KS2)

P.E. kit for both boys and girls:

- Black pumps
- Royal blue shorts
- School white t-shirt with logo

Games kit

- Trainers
- Plain blue or black jogging bottoms
- School logo hoodie
- School white t-shirt with logo

Children may not wear jewellery to school. Anyone with pierced ears should wear studs during school time.

Make-up or nail varnish is not allowed in school.

Long hair should be tied back with either a discreet headband or clips. These should be of a single colour, blue or white, to complement the school uniform.

St. Mary's Horsforth

Catholic Voluntary Academy

Extreme haircuts are not allowed.

If you require support with purchasing school uniform, please contact the school office.

Awards



Diary Dates *denotes parents welcome



January

W/C Monday Tuesday Wednesday	10 10 11 11	4.00pm	Clubs start Year 2 maths parent meeting* - via Zoom Year 4 start swimming Gymnastics in school – all children wear PE kit
Wednesday Thursday	12 13	9.15am	Year 6 to church Year 5 class assembly*
Friday	14		Y6 Primary Choices with LUFC
Monday	17	4.00pm	Year 5 and Year 6 maths parent meeting* - via Zoom
Wednesday	19	4.00	Year 5 to church
Tuesday	25	4.00pm	Year 1 maths parent meeting* - via Zoom
Wednesday	26		Year 4 to church
Thursday	27	9.15am	Year 2 class assembly*
Friday	28	11.00am	Reception and Year 3 class Mass*
Monday	31	4.00pm	Year 3 and Year 4 maths and MTC parent meeting* - via Zoom
Monday	31		Year 3 Class Saint – Feast Day of St John Bosco
February			
Tuesday	1	4.00pm	Year 5 residential meeting* - via Zoom
Wednesday	2		Year 6 class trip
Wednesday	2		Year 3 to church
Tuesday	8		Safer internet day
Wednesday	9		Year 2 to church
Friday	11	9.15am	E safety parent meeting with School Council

Parish news

Monday

Wednesday

Wednesday

Thursday

Friday

NEW ALTAR SERVERS

14

16

16

17

18

Anyone who has received the Sacrament of First Holy Communion can become an Altar Server, no matter how old they are! If you are eligible & would like to become a server in any of our churches (especially at St Mary's and the Assumption as our numbers are very depleted) please contact Amanda or Su. Thank you

Year 3 parents evening via video link*

Year 3 parents evening via video link*

Reception and Year 6 assembly*

Reception stay and play*

Finish for half term

ANNUAL LOURDES DINNER DANCE

4.00pm

2.00pm 4.00pm

9.15am

Friday 18th February at the Met hotel in the centre of Leeds. Begins at 7:30pm. Tickets: £35 include a reception drink, 3 course meal, Live music and entertainment. Tickets are available from 07766 148375. All profits go to the Lourdes fund.

SUNDAY MASSES (Saturday Vigil)

Holy Name	6.30pm
St. Mary's	8.15am
Holy Name	9.00am
Assumption	9.45am
St Mary's	11.00am
Holy Name	11.15am