

YOUR MENU

(v) = vegetarian

(ve) = vegan

St Marys

Week 1

W/C - 04/09/23, 25/09/23,
16/10/23, 13/11/23, 04/12/23,
08/01/24, 29/01/24

MONDAY

Chicken Curry with Rice

Vegetarian Grill with Jacket
Wedges (ve)

Tuna Mayonnaise filled
Wrap with Jacket Wedges

Jacket Potato with Cheese
and Salad (v)

Shortbread Finger with
Fresh Fruit Wedges

Tuesday

Beef Cottage Pie

Super Five Vegetable Pasta
Bake with Crusty Bread (v)

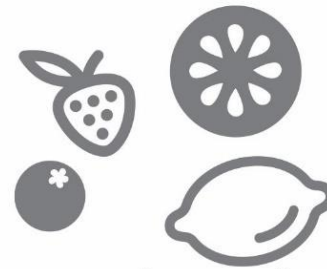
Cheese Bap with Pasta
Salad (v)

Jacket Potato with Tuna

Vanilla Ice Cream with
Homemade Strawberry
Sauce

**AVAILABLE DAILY
YOGHURTS
AND
Fresh Fruit**

MENUS ARE SUBJECT
TO AVAILABILITY



Wednesday

Tortilla Pizza with Jacket
Wedges (v)

Vegetarian Spaghetti
Bolognese (ve)

Wholemeal Egg Mayonnaise
Sandwich with Jacket
Wedges (v)

Jacket Potato with Baked
Beans (v)

Lemon Sponge with
Custard

RED TRACTOR STANDARDS



THURSDAY

Roast Gammon with
Yorkshire Pudding, Mashed
and Roast Potatoes

Vegetarian Sausage with
Yorkshire Pudding, Mashed
and Roast Potatoes (v)

Hot Roast filled Bap with
Roast Potatoes

Cheese and Crackers with
Apple Wedges



FRIDAY

Fish Fingers with Chips

Vegetable Biryani (ve)

Wholemeal Tuna
Sandwich with Chips

Jacket Potato with Cheese
and Coleslaw (v)

Chocolate and Orange
Cookie

Please note, whilst we make every effort to prevent cross contamination in our kitchens, we cannot guarantee that any food item is free from any specific allergen. We produce our food, fresh every day in kitchens where allergens are handled by our staff and where utensils and equipment are used for multiple menu items.



YOUR MENU

(v) = vegetarian

(ve) = vegan

FRIDAY

Crispy Salmon Bites with Chips

Cheesy Bean Wrap with Chips (v)

Egg Mayonnaise Sandwich with Chips (v)

Jacket Potato with Baked Beans (v)

Jelly with Fresh Fruit Salad



Please note, whilst we make every effort to prevent cross contamination in our kitchens, we cannot guarantee that any food item is free from any specific allergen. We produce our food fresh every day in kitchens where allergens are handled by our staff and where utensils and equipment are used for multiple menu items.



Soil Association



THURSDAY

Pork Sausage with Yorkshire Pudding, Mashed and Roast Potatoes

Vegetarian Sausage with Yorkshire Pudding, Mashed and Roast Potatoes (v)

Hot Roast Filled Bap with Roast Potatoes

Fun Fruit Thursday



Wednesday

Chicken Curry with Rice

Margherita Pizza with Jacket Wedges (v)

Wholemeal Tuna and Cucumber Sandwich with Jacket Wedges

Jacket Potato with Tuna

Marble Sponge and Custard

RED TRACTOR STANDARDS



Tuesday

Chicken Pie with Mashed Potato

Vegetarian Sausage with Mashed Potato (v)

Tuna Bap with Herby Diced Potatoes

Jacket Potato with Cheese (v)

Pineapple Oaty Slice

AVAILABLE DAILY
YOGHURTS
AND
Fresh Fruit

MENUS ARE SUBJECT TO AVAILABILITY

St Marys

Week 2

W/C - 11/09/23, 02/10/23,
23/10/23, 20/11/23,
11/12/23, 15/01/24, 05/02/24

MONDAY

Cheese and Onion Slice with Jacket Wedges (v)

Vegetarian Pasta Bolognese (ve)

Cheese Salad Wrap with Jacket Wedges (v)

Loaded Vegetarian Bolognese Jacket Wedges (v)

Ice Cream with Fresh Fruit Salad



YOUR MENU

St Marys

Week 3

W/C - 18/09/23, 09/10/23,
06/11/23, 27/11/23,
18/12/23, 22/01/24

MONDAY

Crispy Chicken Fillet with
Jacket Wedges

Tomato and Chickpea
Curry with Rice (ve)

Wholemeal Tuna and
Sweetcorn Sandwich with
Jacket Wedges

Jacket Potato with Cheese
and Coleslaw (v)

Golden Crunch Cookie
with Fresh Fruit Wedges

Tuesday

Margherita Pizza with Herby
Diced Potatoes (v)

Veggieballs in Gravy with
Herby Diced Potatoes (ve)

Egg Mayonnaise Bap with
Herby Diced Potatoes (v)

Jacket Potato with Baked
Beans (v)

Seasonal Fruit Crumble and
Custard

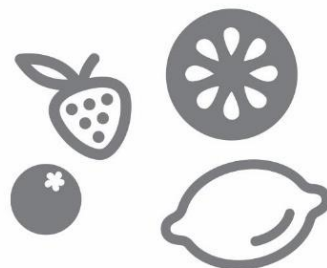
AVAILABLE DAILY

YOGHURTS

AND

Fresh Fruit

MENUS ARE SUBJECT
TO AVAILABILITY



Wednesday

Pasta with Beef Bolognaise

Omelette with Jacket
Wedges (v)

Wholemeal Cheese
Sandwich with Jacket
Wedges (v)

Jacket Potato with Tuna
Crunch

Chocolate Sponge and
Custard

RED TRACTOR STANDARDS



THURSDAY

Roast Pork with Yorkshire
Pudding, Mashed and Roast
Potatoes

Vegetarian Sausage with
Yorkshire Pudding, Mashed
and Roast Potatoes (v)

Hot Roast filled Bap with
Roast Potatoes

Vanilla Ice Cream with
Sliced Peaches



(v) = vegetarian

(ve) = vegan

FRIDAY

Fish Fingers with Chips

Tomato Pasta Bake (v)

Tuna Bap with Chips

Jacket Potato with Cheese
(v)

Jelly with Fresh Fruit
Wedges



Please note, whilst we make every effort to prevent cross contamination in our kitchens, we cannot guarantee that any food item is free from any specific allergen. We produce our food, fresh every day in kitchens where allergens are handled by our staff and where utensils and equipment are used for multiple menu items.

